

Communication Settings

All about communication settings.

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[Tags](#) | [Settings](#) | [Alerts](#) | [For You](#) |

Applies to: [Free, Basic, Business](#) [Enterprise](#)

Overview

Stack Overflow for Teams will send you regular emails to keep you informed of activity on your site. You can control the frequency and content of these emails to include only the information you're interested in. This article provides an overview of your email and notification settings.

Communication settings differ slightly based on your Stack Overflow for Teams plan. This document will first detail those settings for Stack Overflow for Teams Free, Basic, and Business, then Stack Overflow for Teams Enterprise. [Find your plan.](#)

Teams Free, Basic, and Business

To access your communication settings, click your profile picture (avatar image) in the site header, then click **Account Settings**. In the settings menu, you'll see a "EMAIL SETTINGS" heading with links to the following three communication settings pages.

Edit Email Settings

Global account settings

These settings apply to your whole account and all of your Teams

[Back to your Team](#)

- EMAIL SETTINGS
 - Edit email settings**
 - Tag watching & ignoring
 - Teams digests
- SITE SETTINGS
 - Preferences
- ACCESS
 - Your Teams
 - Your logins
- INTEGRATIONS
 - Slack integrations
 - Microsoft Teams integrations
- API
 - Personal access tokens

Edit Email Settings

Promotional

Get emails to find out what's going on when you're not on Stack Overflow. You can turn them off whenever you want.

Features & Announcements
New products and feature updates, as well as occasional company announcements

Promotional emails from other Stack Overflow systems
Stack Overflow maintains separate Sales and Marketing platforms for business-related emails to promote our paid products to potential business customers. Unsubscribing from all promotional emails using the toggle at the top of this section will sync your unsubscribe request with any matching email addresses in these systems.

Research

Invitations
Invitations to participate in surveys, usability tests, and more. Only a few per year.

Your main account

Email address
you@somedomain.com [Save](#)

Tips & Reminders
Timely advice and reminders to help you make the most of our features

Your Site

These settings affect

Email address
you@somedomain.com
You can't change your email address while single sign-on is enabled

For You Inbox
Answers to your questions, comments, and more

Off **5 min** 3 hrs Daily Weekly

The Edit Email Settings page has the following sections:

Promotional

Enable the **Promotional** toggle to receive emails about new features, announcements, and promotions.

Research

We're constantly working to make Stack Overflow better, and user research is a great way for you to share your thoughts and ideas for improvement. If you'd like to participate in our user research efforts, enable **Invitations**. Learn more about Stack Overflow [User Research](#).

Your main account

Use this area to set your main email address, as well as opt in to **Tips & Reminders** emails.

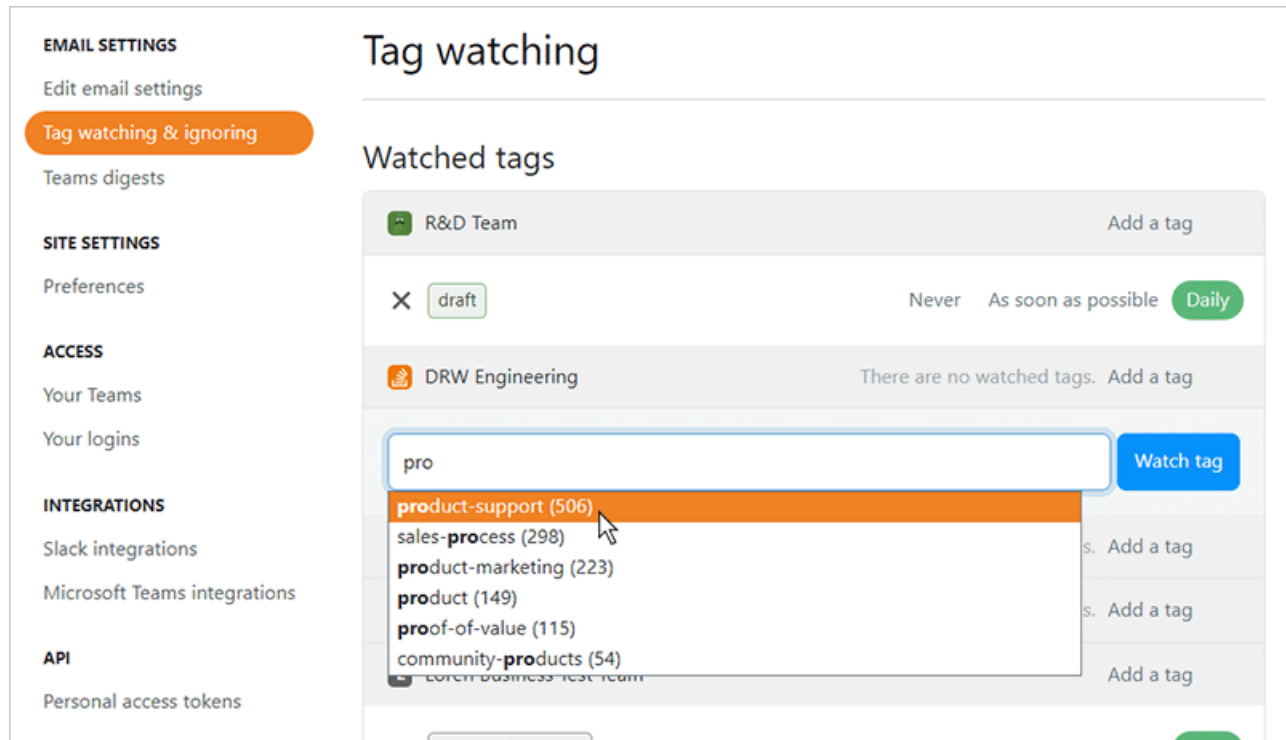
[Your site]

The For You inbox collects activity on all the content you've created or shown interest in. Choose the frequency you'd like to receive a For You summary by email: **Off** (no email alerts), **5 min**, **3 hrs**, **Daily**, or **Weekly**. Learn more about [For You](#).

This page will also show additional Stack Overflow for Teams sites you are a part of, allowing you to control For You email delivery for those sites.

Tag watching & ignoring

The Tag watching page allows you to control which tags you follow and which tags you wish to ignore.



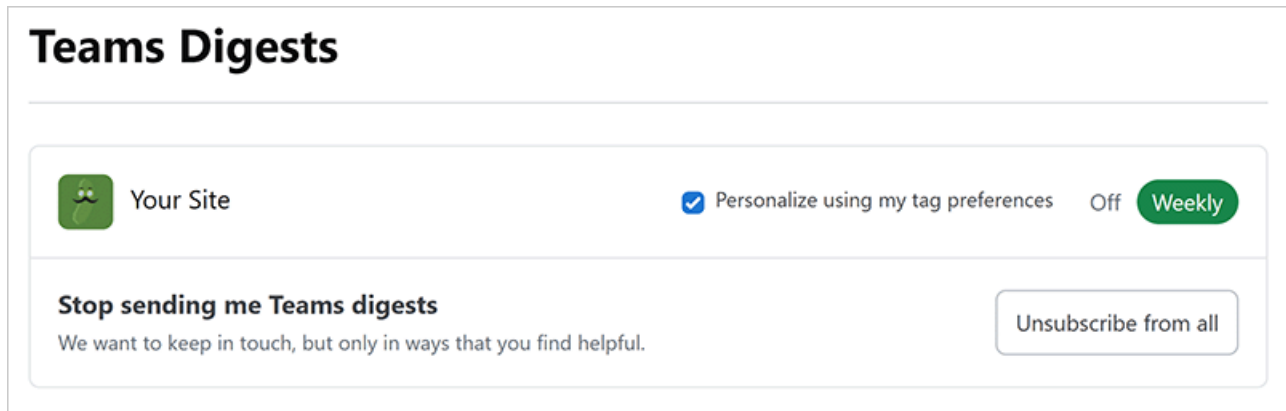
To watch or ignore a tag:

1. Go to the desired "Watched tags" or "Ignored tags" list.
2. Locate the relevant site and click its **Add a tag** link.
3. Begin typing the tag's name, and the site will search for matching tags as you type.
4. When you see the tag you're searching for, select it and click **Watch tag** or **Ignore tag**.
5. If you're adding a watched tag, choose how often you'd like to receive an email alert (**Never**, **As soon as possible**, or **Daily**). If you choose **Never**, you'll be alerted to that tag's activity on the site but not by email.
6. Click **Done**.

Learn more about [watching and ignoring tags](#).

Teams digests

Teams digests are weekly emails spotlighting the latest standout questions, including those still awaiting answers. You'll also be encouraged to accept answers to your own questions.



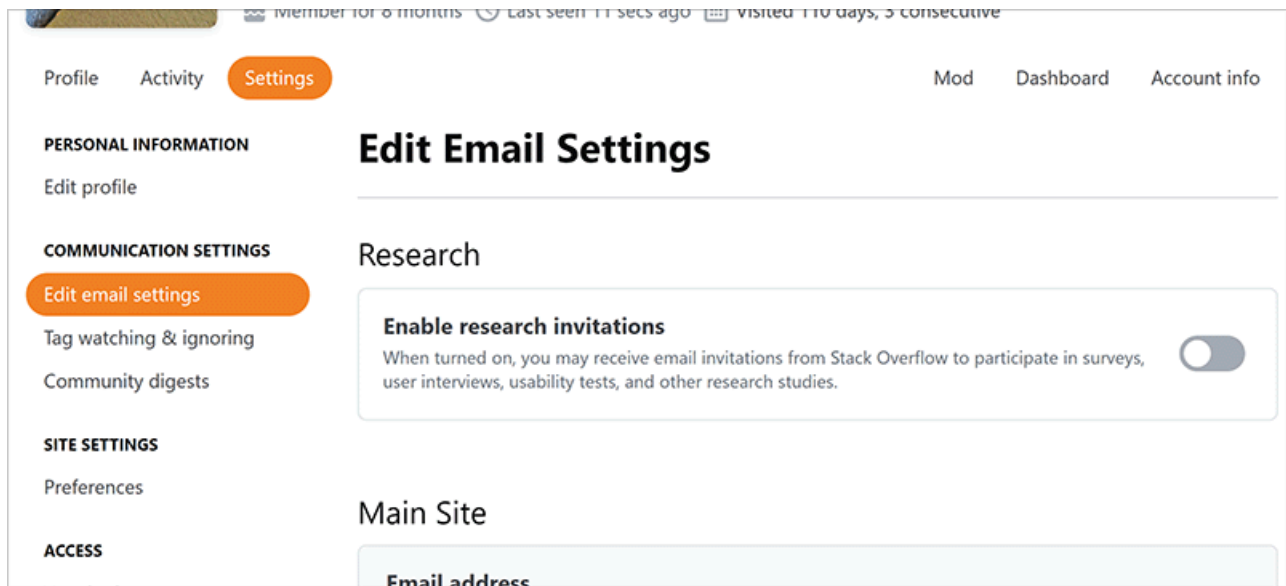
The screenshot shows a settings panel titled "Teams Digests" for "Your Site". At the top, there is a checkbox labeled "Personalize using my tag preferences" which is checked. To its right are two radio buttons: "Off" and "Weekly", with "Weekly" selected. Below this, there is a section titled "Stop sending me Teams digests" with the subtext "We want to keep in touch, but only in ways that you find helpful." and a button labeled "Unsubscribe from all".

Check **Personalize using my tag preferences** to tailor the digest emails according to your tag watching and ignoring settings (see "Watch and ignore tags" above). If you enable this option, Stack Overflow for Teams will only include activity linked to your watched tags in the email digest.

For each team you're a part of, set the digest frequency to **Off** or **Weekly**. To turn all digests off at once, click **Unsubscribe from all**.

Teams Enterprise

To access your communication settings, click your profile picture (avatar image) in the site header, then **click Settings**. In the settings menu, you'll see a "COMMUNICATION SETTINGS" heading with links to the following three communication settings pages.



The screenshot shows the "Edit Email Settings" page. On the left is a navigation menu with sections: "PERSONAL INFORMATION" (Edit profile), "COMMUNICATION SETTINGS" (Edit email settings, Tag watching & ignoring, Community digests), "SITE SETTINGS" (Preferences), and "ACCESS". The main content area is titled "Edit Email Settings" and has a sub-heading "Research". Under "Research", there is a toggle switch for "Enable research invitations" which is currently turned off. Below this is a section for "Main Site" with an "Email address" field.

Email settings

You can specify which notifications you want to receive by email from your main SOE site, as well as from any private teams you're a member of (if Private Teams are enabled on your site).

Edit Email Settings

Research

Enable research invitations
When turned on, you may receive email invitations from Stack Overflow to participate in surveys, user interviews, usability tests, and other research studies.

Main Site

Email address

For You Inbox
Answers to your questions, comments, and more Off **Immediate** 3 hrs Daily Weekly

Community Milestones
Notifications about bounties, reputation and more.

Weekly Dashboard Report
A weekly summary of your community's health and engagement

The Edit Email Settings page has the following sections:

Research

We're constantly working to make Stack Overflow better, and user research is a great way for you to share your thoughts and ideas for improvement. If you'd like to participate in our user research efforts, **Enable research invitations**. Learn more about Stack Overflow [User Research](#).

For You Inbox

The For You inbox collects activity on all the content you've created or shown interest in. Choose the frequency you'd like to receive a For You summary by email: **Off** (no email alerts), **Immediate**, **3 hrs**, **Daily**, or **Weekly**. Learn more about [For You](#).

Community Milestones

Enable this to receive alerts about new answers, accepted answers, and bountied questions.

Weekly Dashboard Report

Enable this to receive a weekly email with activity statistics derived from the Dashboard. Learn more about the [Dashboard](#).

Tag watching & ignoring

The Tag watching page allows you to control which tags you follow and which tags you wish to ignore.

Tag watching

Watched tags

test-teams Done

Watch tag

✕ test Never As soon as possible **Daily**

Stop sending me tag notifications Unsubscribe from all

We want to keep in touch, but only in ways that you find helpful.

To add a tag:

1. Go to the desired "Watched tags" or "Ignored tags" list.
2. Locate the relevant area (main site or Private Team, if enabled), and click its **Add a tag** link.
3. Begin typing the tag's name, and the site will search for matching tags as you type.
4. When you see the tag you're searching for, select it and click **Watch tag** or **Ignore tag**.
5. If you're adding a watched tag, choose how often you'd like to receive an email alert (**Never**, **As soon as possible**, or **Daily**). If you choose **Never**, you'll be alerted to that tag's activity on the site but not by email.
6. Click **Done**.

Learn more about [watching and ignoring tags](#).

Community digests

Community digests are weekly emails spotlighting the latest standout questions, including those still awaiting answers. You'll also be encouraged to accept answers to your own questions.

Community Digests

Our best community content of the week.

Main Site

Personalize using my tag preferences Off **Weekly**

Stop sending me community digests

We want to keep in touch, but only in ways that you find helpful.

Unsubscribe from all

Check **Personalize using my tag preferences** to tailor the digest emails according to your tag watching and ignoring settings (see "Watch and ignore tags" above). If you enable this option, Stack Overflow for Teams Enterprise will only include activity linked to your watched tags in the email digest.

For the main site and any private team you're a part of (if enabled), set the digest frequency to **Off** or **Weekly**. To turn all digests off at once, click **Unsubscribe from all**.

Need help? Submit an issue or question through our [support portal](#).