

## For You

### How to use and manage For You notifications.

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[PDF VERSION](#)

Tags | [For You](#) | [Content](#) |

Applies to: [Free, Basic, Business](#) [Enterprise](#)

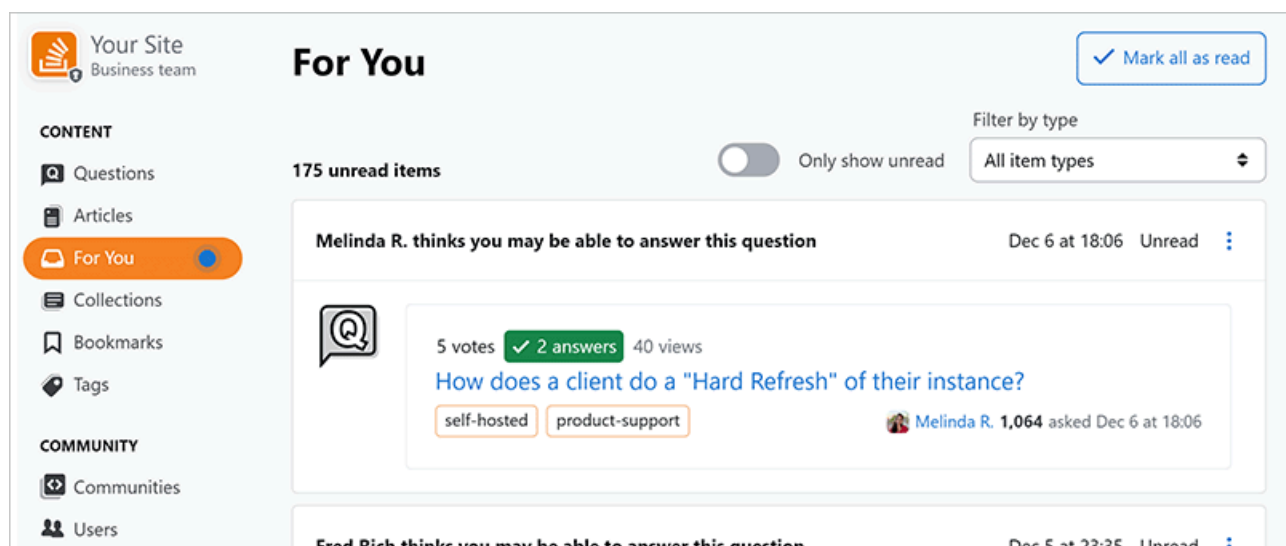
## Overview

The Stack Overflow For You feature is a personalized, running feed of notifications, actions, and alerts for each user on the site. The For You page can help you get more from your Stack Overflow site in several ways:

- **Richer knowledge base** For You alerts reveal actions you can take to create a deeper pool of shared knowledge.
- **Up-to-date information** For You alerts help keep content from going stale. You can receive alerts when questions need answers, or when out-of-date content needs a refresh.
- **Streamlined knowledge sharing** For You provides a central location with actions and steps to share your expertise.

## For You notifications

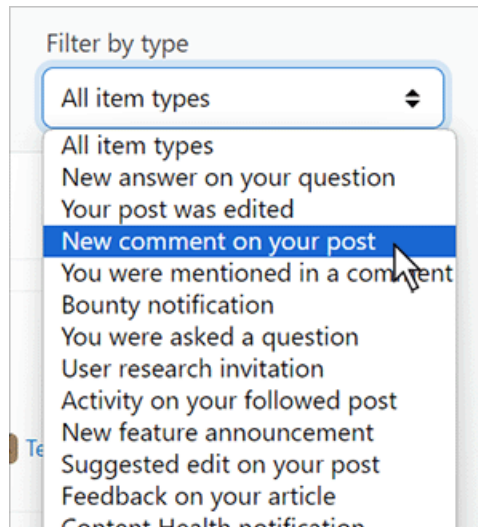
Click the **For You** link in the left-hand menu to go to your "For You" summary page. A blue dot to the right of the link indicates the presence of new notifications.



The screenshot shows the 'For You' page in a Stack Overflow Business team environment. The left sidebar contains a navigation menu with 'For You' highlighted and a blue dot indicating new notifications. The main content area displays a notification from Melinda R. asking a question: 'How does a client do a "Hard Refresh" of their instance?'. The notification includes details such as 5 votes, 2 answers, 40 views, and tags 'self-hosted' and 'product-support'. The question was asked by Melinda R. on Dec 6 at 18:06. A 'Mark all as read' button is visible in the top right corner. The page also shows a toggle for 'Only show unread' and a filter dropdown set to 'All item types'.

## For You filter

You can get up to speed quickly by viewing only unread notifications, or apply one of several different filters.



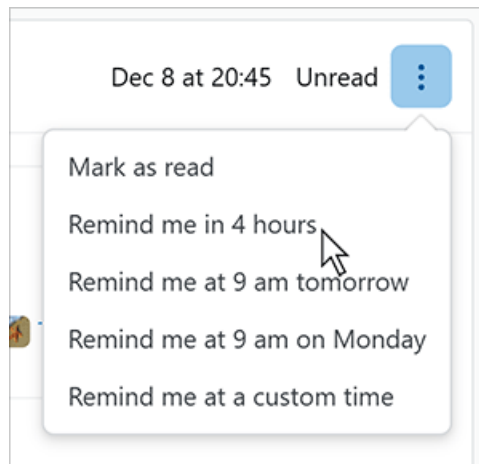
Filters include:

- New answer on your question
- Your post was edited
- New comment on your post
- You were mentioned in a comment
- Bounty notification
- You were asked a question
- User research invitation
- ...and many more

You can also save time by marking all notifications on the page as read with the **Mark all as read** button.

## Set reminders

You can set reminders to complete For You tasks later. Click the **three dots** button in the upper-right corner of any alert to choose a preset reminder. You can also set a custom time and date to receive a reminder.



You can cancel pending reminders by clicking the **three dots** button and choosing **Cancel pending reminder**. You can also mark a previously read notification as unread by clicking **Mark as read**.

## For You email digest

You can receive For You alerts to your email inbox. To set up For You emails:

1. Click on your avatar (profile picture) to access your settings.
2. Click **Edit email settings** under the "COMMUNICATION SETTINGS" or "EMAIL SETTINGS" heading.
3. Set how often you'd like to receive **For You Inbox** alerts by email (for example: **Daily**).

### Your Site

**Email address**

youremail@somewhere.com

**For You Inbox**

Answers to your questions, comments, and more

Off Immediate 3 hrs **Daily** Weekly

**Community Milestones**

Need help? Submit an issue or question through our [support portal](#).